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FEMALE BONDING

A LOOK AT SOME OF THE FEMMES FATALES WHO HAVE
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Tuesday, May 1, 2012



ROYAL VICTORY

Los Angeles King Anze Kopitar, left, is congratulated by Dustin Brown after scoring during the first period in Game 2 Monday night. Darryl Sutter's Kings took a 2-0 series lead, winning the game 5-2. JEFF ROBISON/THE ASSOCIATED PRESS

Anger swells over delayed twinning of deadly road

Highway 63. Residents have lived for years with 'scary' roadway

LUCY HAINES
calgary@metronews.ca

Weekend fatalities along Highway 63, the stretch of road between Edmonton and Fort McMurray dubbed Alberta's deadliest highway, have reignited anger and frustration among those using the dangerous road.

Seven people were killed on Friday after a head-on collision between two pickup trucks on the highway near Wandering River.

Former Fort McMurray

resident Ashley (last name withheld) understands the emotions — she's felt them since childhood when her nine-year-old neighbour was killed on a drive to Edmonton to buy sports equipment.

She described the highway as "scary" — heavily wooded, with poor sightlines, rolling hills, constant two-way traffic and no room to manoeuvre.

"You can drive safe, but you can't control other drivers," she said.

"We're a key to Alberta's economy, but we feel ignored. We deserve the right to have proper transportation in and out of town."

Sobhi Hamed said the latest deaths were the final straw, calling the pain and sorrow felt among Fort McMurray residents who knew the victims unbearable.

Murray residents who knew the victims unbearable.

Hamed, 19, created an online petition demanding the government twin the entire highway. In less than two days, some 10,000 signatures have been posted.

"We know twinning the highway won't be done overnight, but the work is far too slow," Hamed said. "People are fed up with the fear and needless death. I don't want to be their voice — I want to be the megaphone."

Hamed will submit the petition to the Alberta government.



For more local news
visit metronews.ca/
calgary

Officer cleared in shooting

There will be no criminal charges against a Calgary police officer for a June 2011 shooting that killed a man PAGE 3

Can Black come back?

Former media mogul Conrad Black is set to be released from prison on Friday, but lawyers say it will be difficult for him to move back to Canada PAGE 4

Debt-defying actions

Interest rates are almost certain to rise this year. Metro money columnist Alison Griffiths shares tips on how to deal with this PAGE 16



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Calgary police breached privacy: IPC

The Calgary Police Service has violated the privacy of an employee, the provincial privacy office says, after sexual photos were taken from her personal email.

The Freedom of Information and Protection of Privacy Act violation stemmed from an internal investigation that began when several employees complained about a civilian employee's behaviour, citing inappropriate sexual conduct.

An IT manager with the CPS was asked to monitor this employee's work email and, in the course of doing so, came across an email with login information to the woman's personal email.

The manager accessed the email and discovered sexual photos that appeared to have been taken on the CPS premises. Those photos were forwarded to the HR department and the employee was subsequently fired.

Adjudicator Amanda Swanek of the Office of Information and Privacy Commissioner ruled that "logging in to the Complainant's personal web-based email account was exceptionally invasive, and patently unreasonable in the circumstances," according to a statement.

CPS spokesperson Kevin Brookwell said the IT manager had "the best of intentions" and thought it was within the realm of the investigation to access her personal email.

"We accept that we were wrong," Brookwell said. "We had no authority to go into that person's email account."

IT and HR personnel will undergo advanced privacy-act training immediately, he said.

The employee who was fired was later brought back on by the CPS.

KATIE TURNER/METRO

Redford's lineup. Carter out as chief of staff

Alberta Premier Alison Redford has already begun changing her lineup after announcing a new chief of staff Monday.

Farouk Adatia will replace Stephen Carter, who had served as Redford's chief of staff since she won the PC leadership in October 2011.

The statement from the premier's office gave no reason for the staffing change.

"I have the greatest respect for Stephen, and I thank him for his tireless work to establish our administration and for his contributions to our early successes," Redford said. METRO



Former Redford chief of staff Stephen Carter. METRO FILE

RCMP. Security guard celebrated for possibly helping stop abduction

RCMP honoured a quick-thinking security guard on Monday for his role in foiling an alleged assault and abduction at an area mall just over a month ago.

Insp. Tony Hamori, officer in charge of the Airdrie RCMP detachment, presented Khalid Shahid with a Detachment Commander's Certificate of Appreciation.

Shahid received the honour after acting on a tip passed from a victim to a

Good Samaritan about a possible abduction and assault in an incident March 28 at the Cross Iron Mills mall.

According to police, Shahid secured the location of the incident and contacted RCMP, eventually leading them to detain the suspect.

The RCMP said Mr. Shahid's assistance in the investigation was greatly appreciated.

METRO

No charges laid in shooting of civilian

Verdict. Officer acted lawfully, investigation finds



KATIE

TURNER

katie.turner@metronews.ca

The Alberta Serious Incident Response Team (ASIRT) says no criminal charges will be laid against a Calgary police officer after a June 2011 shooting that killed a man.

In 2011, two Calgary Police Service members responded to a complaint in the southeast community of Erin Woods.

According to ASIRT's executive director, Clif Purvis, information had led officers to believe the man was threatening a young woman also in the residence. Upon arrival, the suspect was standing close to the woman, holding a knife.

The officer fired his gun four times, killing the suspect.

Purvis said it's unclear if the suspect intended to harm himself or others, but ASIRT's investigation determined the officer was not in the wrong.

"He was acting lawfully when he discharged his police service pistol," he said. "It's

ASIRT

- ASIRT lays charges in about 10 per cent of officer-involved cases it investigates. It handles some 40 files every year.
- Previous encounters between the officer and deceased were not considered factors in the outcome of the June 2011 incident.

impossible to determine what was going on in the mind of the deceased."

According to Purvis, the suspect had consumed alcohol and four knives were found in the immediate vicinity surrounding the deceased.

Calgary police spokesperson Kevin Brookwell said they're happy the investigation is complete. "It's gratifying that they felt, based on an independent investigation, that the officers, given the circumstances, acted appropriately."

WITH FILES FROM TESSA

CLAYTON/METRO

Follow Katie Turner on Twitter @Metro_Katie



ASIRT director Clif Purvis addresses the media on Monday about the results of an investigation into a 2011 police-involved shooting that left one man dead. TESSA CLAYTON/FOR METRO

Calgary street eats get face time on Eat St.

In less than a year, several Calgary food trucks have gone from hitting the streets to hitting the small screen on Food Network Canada's Eat St.

Last fall, Eat St. was in Cowtown shooting episodes with Calgary trucks Alley Burger, Fries and Dolls and Perogy Boyz for Season 3 of the popular show.

Host of Eat St., comedian James Cunningham, said that, as a Canadian, he was thrilled to see trucks from Calgary and Toronto on the upcoming season.

"To make the cut for the show ... we just don't look for a good truck, we look for a good experience," he said. "The food just can't be

regular food, it's got to be something really exceptional that you can't find anywhere else."

Curtis Berry, owner of Perogy Boyz, said when they launched their truck in mid-August of last year, they were not anticipating the amount of buzz it would generate.

"There are 2,500 food

trucks in L.A. proper," he said. "For us to think that Eat St. would come to Calgary and do an episode on the Perogy Boyz, it wasn't even on the horizon."

The new season of Eat St. launches on May 9 with two back-to-back episodes beginning at 8 p.m.

KATIE TURNER/METRO



Curtis Berry, Shawn Greenwood and Brendan Bankowski of Perogy Boyz. COURTESY FOOD NETWORK

A Sikh advocacy group has launched a free mobile application that allows travellers to complain immediately to the government about unfair treatment by airport-security screeners. Scan the code for the story.

Mobile news



1
NEWS

On the web

Don't fly low over these birds

Two U.S. pilots have been charged with harassing animals after flying their planes too low near thousands of resting migratory birds in Iowa. Read more about the obscure hunting law at metronews.ca

Withdrawal after leaving the womb

The number of newborns going through withdrawal has tripled in the past decade as more mothers abuse painkillers such as Vicodin, OxyContin and even heroin. Get the full story at metronews.ca

Horror films. Art is not a crime, says accused filmmaker

A Quebec special-effects artist charged with corrupting morals will have to wait until the end of the year to go to trial.

Remy Couture, 34, has been awaiting trial on three charges stemming from short horror films he created about an imaginary mass killer.

He says that even if some people might consider his work to be too gory, that doesn't make it illegal.

He says the state has no business determining what qualifies as art and what doesn't.

Couture and his lawyers say the case is believed to be the first time such a charge has been laid against works related to the horror industry.

He has pleaded not guilty to three charges of moral corruption and distributing obscene material.

A jury trial was scheduled on Monday for December — more than three years after his arrest around Hal-



Remy Couture's trial will take place three years after his arrest.
GRAHAM HUGHES/THE CANADIAN PRESS

loween 2009.

Even though it has cost him tens of thousands in legal fees, Couture says his fight — to prove that art is not a crime — is more important than money.

The freelance artist says the short films on his website, had content warnings. Couture says he tries to push the limits of his craft.

THE CANADIAN PRESS

Federal cuts. More civil servants told their jobs are considered at risk

Another 3,800 civil servants were told Monday that their jobs are on the line.

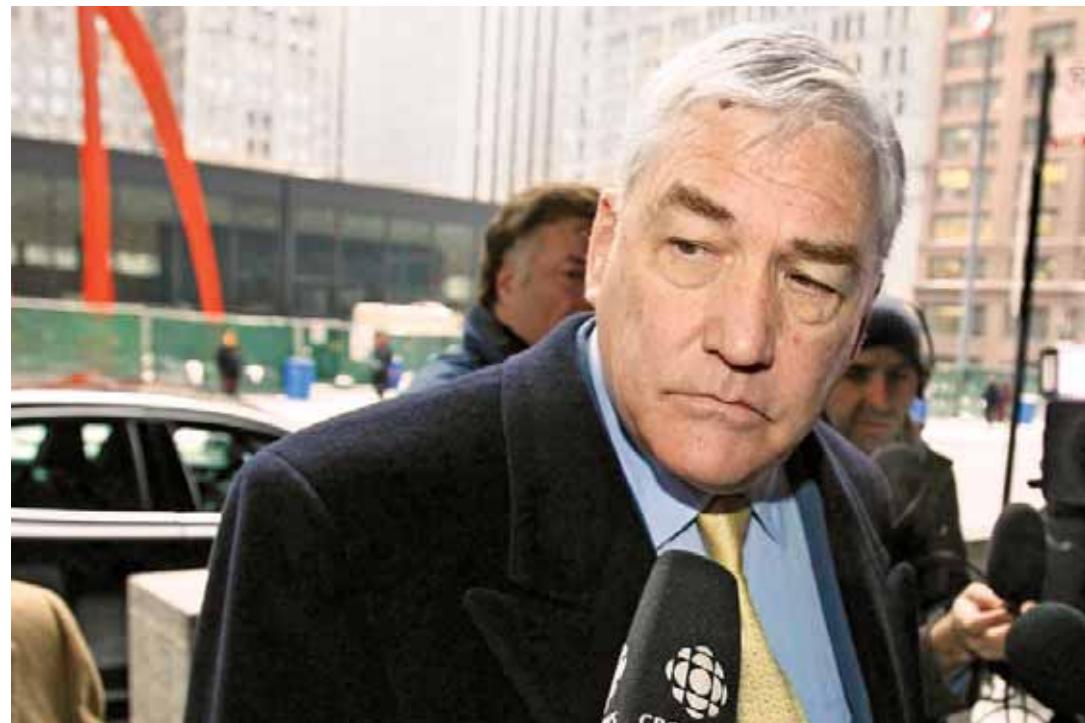
Parks Canada took the biggest hit in the government's third wave of notifications, with over 1,000 people told their jobs are at risk.

More than 600 positions

will be eliminated entirely.

"Canadians can expect fewer services and shorter seasons at national parks and historic sites," said Doug Marshall, of the union which represents about 3,000 Parks Canada workers.

THE CANADIAN PRESS



Former media mogul Conrad Black arrives at federal court in Chicago in 2011. Now he's due to be released Friday. CHARLES REX ARONSON/THE CANADIAN PRESS

Black faces legal fight to return to Canada

Conrad Black.

Disgraced media tycoon renounced his citizenship in 2001 to become a British lord; reclaiming his Canadian passport will be a difficult task

Immigration lawyers say Conrad Black faces yet another long legal battle if he hopes to return to Canada.

The disgraced former media baron, who renounced his Canadian citizenship to become a British lord, is due to be released Friday after serving three and a half years in prison.

Black has suggested he

would like to reclaim his citizenship, but immigration lawyers say that would be no easyfeat.

Black's fraud and obstruction-of-justice convictions make him inadmissible for permanent residency in Canada, despite the fact he's married to a Canadian citizen, Barbara Amiel.

They say Black's only

hope is a temporary-residency permit, which is permission from the immigration minister.

A recent Supreme Court ruling says Black would require such a permit to come back, but lawyers say it's anyone's guess whether he'll receive it. Black has stated that he hopes to return.

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No support for Uganda rebel Kony, says Sudan

Joseph Kony. Uganda claims the rebel leader is supported by Sudan and that the country even supplied LRA with new uniforms

Ugandan officials are renewing a claim made with some frequency over the years. They say that rebel leader Joseph Kony and his Lord's Resistance Army are receiving backing from the government of Sudan.

Ugandan forces commander Gen. Aronda Nyakairima said Monday he found credible a recent report from a captured LRA fighter saying that Kony was recently in the southern region of Sudan.

Col. Felix Kulayigye, the military's spokesman, said some of the LRA rebels captured by the Ugandan military wore "new uniforms" supplied by Sudan, though Nyakairima said military officials have not found LRA fighters with weapons sup-

Powder keg

Abdulla Ali Masar, Sudan's information minister, denied his government has ever supported the LRA.

- "We have no relationship, whatsoever, with this Ugandan rebel and we have not supported and are not supporting him now," Masar said.
- The accusations by Uganda that Sudan is aiding Kony come as the threat of war between Sudan and South Sudan has increased. The two sides have launched multiple cross-border attacks and Sudan has launched airstrikes in recent weeks.

plied by Sudan.

President Barack Obama sent 100 U.S. forces into Central Africa last year to help regional militaries track Kony. **THE ASSOCIATED PRESS**



Suu Kyi to enter parliament

Myanmar pro-democracy leader Aung San Suu Kyi waves to merry-makers from the gate of her home earlier in April. Suu Kyi and other lawmakers in her opposition party will attend Myanmar's parliament for the oath of office on Wednesday. **KHIN MAUNG WIN/THE ASSOCIATED PRESS**

Long-serving Democrat

Kerry to work for Obama, may replace Hillary Clinton?

John Kerry, the Democratic senator who lost to George W. Bush in the 2004 presidential election, has been tapped to become President Barack Obama's top surrogate as the 2012 campaign gets underway.

Kerry's foreign-policy gravitas makes him a

natural to promote Obama's message on those issues, but some speculate there could be something else at play — Kerry could become secretary of state in a second Obama term if Hillary Clinton makes good on suggestions she might leave the post.

Some feel Clinton will serve only one term in the highly demanding cabinet role.

Kerry is Democratic chairman of the U.S. Senate committee on foreign relations.

THE ASSOCIATED PRESS



Senator John Kerry for secretary of state after Clinton?

LOUIS LANZANO/THE ASSOCIATED PRESS

Bin Laden killing

This isn't a party, says Obama

U.S. President Barack Obama says the anniversary of the death of Osama bin Laden is a time for reflection, and he pushed back on criticism that he was using the occasion for "excessive celebration." Obama also asked if Mitt Romney would have made the same decision in targeting the al-Qaida leader.

THE ASSOCIATED PRESS

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U.S. seeks asylum deal for blind Chinese activist

Talks. U.S., China look for resolution ahead of Clinton visit for talks on broader themes

U.S. and Chinese officials are ironing out a deal to secure American asylum for a blind Chinese legal activist who fled house arrest, with an agreement likely coming before Secretary of State Hillary Clinton arrives this week, a U.S. rights campaigner said Monday.

Bob Fu of the Texas-based rights group ChinaAid said that China and the U.S. want to reach agreement on the fate of Chen Guangcheng before the annual high-level talks with Clinton and other U.S. officials begin in Beijing on Thursday.

"The Chinese top leaders are deliberating a decision to be made very soon, maybe in the next 24 to 48 hours," Fu said, citing a source close to the U.S. and Chinese governments. Both sides are "eager to solve this issue," said Fu, a former teacher at a Communist Party

Politics

The Obama administration is facing political pressure.

- Obama is already under fire from Republicans over a case in which an aide to a senior Chinese leader entered the U.S. Consulate in Chengdu but then left, turning himself over to Chinese investigators.

academy in Beijing whose advocacy group focuses on the rights of Christians in China and who maintains a network of contacts in the country.

"It really depends on China's willingness to facilitate Chen's exit," Fu said.

Chen, a well-known dissident who angered authorities in rural China by exposing forced abortions, made a surprise escape from house arrest a week ago into what activists say is the protection of U.S. diplomats in Beijing, posing a delicate diplomatic crisis for both governments. **THE ASSOCIATED PRESS**



Chen Guangcheng is seen in this undated file photo.

SUPPORTERS OF CHEN GUANGCHENG/THE ASSOCIATED PRESS

Replica. Billionaire to build high-tech Titanic II

An Australian billionaire said Monday he'll build a high-tech replica of the Titanic at a Chinese shipyard and its maiden voyage in late 2016 will be from England to New York, just as its namesake planned.

Weeks after the 100th anniversary of the sinking of the original Titanic, Clive Palmer announced that he had signed a memorandum of understanding with state-owned Chinese company CSC Jinling Shipyard to build the Titanic II.

"It will be every bit as luxurious as the original Titanic," Palmer said.



Australian billionaire Clive Palmer.

CROOK PUBLICITY/THE ASSOCIATED PRESS

but ... will have state-of-the-art 21st-century technology and the latest navigation and safety systems," Palmer said.

THE ASSOCIATED PRESS

Nigeria. Bomber drives into police convoy

Earlier attacks

- Gunmen attacked Christian worship services Sunday at a university campus and a church in northern Nigeria, killing 21 people.

bomber missed injuring Sule, but the explosives caused massive damage. **THE ASSOCIATED PRESS**



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'I cannot tell you how disgusted I was'

Testimony. John Edwards told ex-aide's wife that giving donor money to mistress was legal, court hears

The wife of an ex-aide to John Edwards testified Monday the former presidential candidate told her over the phone that it was legal to take money from a wealthy donor to take care of Edwards' mistress.

Testifying at Edwards' campaign-corruption trial, Cheri Young said she had doubts about taking the money and depositing it into an account controlled by her and her husband, Andrew Young, but she did it anyway to help out the campaign. She said she insisted on speaking to Edwards about the money.

"I heard Mr. John Edwards tell me on the phone that he checked with the campaign lawyers and that this was legal," said Cheri, who was on the witness stand for a second day of questioning by prosecutors.

Edwards is accused of deliberately using the money to hide his pregnant mis-



John Edwards THE ASSOCIATED PRESS FILE

tress as he sought the White House in 2008.

Edwards denies the charges, and his attorneys have said the Youngs spent the money on their dream house.

Cheri said she took the money despite her reservations because if the public found out about Edwards' affair with Reille Hunter, the campaign and her husband's job were in danger.

"I cannot tell you how disgusted I was. Why me? This was my husband's fight.... Now I had to fix it," she said.

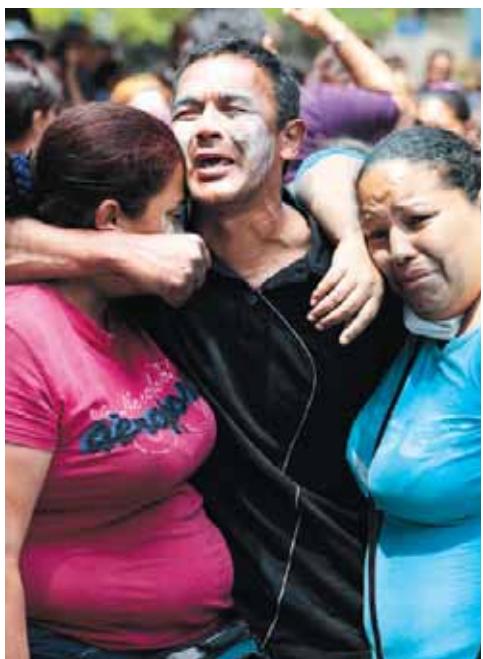
The payments came from a wealthy Texas lawyer, Fred

Baron, who served as Edwards' campaign-finance chairman, and an elderly heiress, Rachel (Bunny) Mellon.

Andrew Young, who testified last week under an immunity agreement, has acknowledged that he used for himself about \$1 million US of \$1.2 million in payments from the two donors.

Edwards, a one-term U.S. senator, has pleaded not guilty to six counts related to campaign-finance violations. He faces up to 30 years in prison and \$1.5 million in fines if convicted on all counts.

THE ASSOCIATED PRESS



Chaos after failed jail break

The relatives of inmates embrace and cry outside La Planta prison as National Guard troops try to gain control of the prison in Caracas, Venezuela, Monday. The white marks on the man's face are from toothpaste to help ease the effects of tear gas. National Guard troops have been trying to take control of the jail since Sunday night, after authorities foiled plans for a prison break on Friday. Authorities say they discovered a tunnel that inmates had dug leading to a sewer.

FERNANDO LLANO/THE ASSOCIATED PRESS

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Banks got billions during financial crisis: Think-tank

Federal funds. Ottawa maintains Canada's banks did not require a bailout during the 2008-09 economic crash

Canada's big banks received billions in support from the federal government and the Bank of Canada during the 2008-09 financial crisis, a report by the Canadian Centre for Policy Alternatives says.

"While these funds were repaid in full, it is clear that the banks benefited enormously from public financing when private funds were unavailable," wrote David Macdonald, author of the report released Monday.

"In addition, had the rapid and enormous deployment of public funds not been available, most, if not all, Canadian banks would have encountered

Finance Department

Finance Department spokesman Chisholm Pothier said the government extended financing "at competitive interest rates," not subsidies.

- The Canadian Bankers Association, which represents the country's banks, said the funding was put in place to ensure that credit was available to lend, not because the banks were in danger of going bankrupt.

serious difficulty."

The left-leaning think-tank estimated the country's largest financial institutions borrowed nearly \$75 billion in short-term collateralized loans from the Bank of Canada and the U.S. Federal Reserve, peaking at \$41 billion

and \$33 billion respectively.

The banks also sold a total of some \$69 billion worth of insured mortgage-backed securities to the government, the report estimated.

The Centre for Policy Alternatives based its report on information provided by Canadian public institutions and analysis of the banks' financial reports.

The report noted that much of its work was based on estimates because the federal government and the Bank of Canada have refused requests for a detailed accounting.

"A healthy financial system cannot be based on massive government support for which the details remain secret," the report said.

Ottawa has said repeatedly that Canada has one of the soundest banking sectors in the world and the country's banks did not require a bailout during the 2008-09 financial crisis.

THE CANADIAN PRESS

StatsCan

Canadian GDP falls in weak February

The Canadian economy unexpectedly shrank in February due to a slowdown in the mining and manufacturing sectors, dampening expectations that the Bank of Canada will raise interest rates soon.

Statistics Canada reported Monday that the country's gross domestic product declined by 0.2 per cent from January. Economists had been expecting growth of 0.2 per cent. THE CANADIAN PRESS

Market Minute

DOLLAR
101.22¢ US (-0.72¢)

TSX
12,292.69 (+54.95)

OIL
\$104.87 US (+6¢)

GOLD
\$1,664.20 US (-60¢)

Natural gas: \$2.285 US (+9.9¢)
Dow Jones: 13,213.63 (-14.68)



Competition coming

A Barnes & Noble Nook Color e-reader, left, is shown next to a Nook Simple Touch e-reader on display at a Best Buy in Mountain View, Calif., on Monday. Microsoft provided \$300 million to help Barnes & Noble compete with top electronic bookseller Amazon. In exchange, Microsoft gets a long-desired foothold in the business of ebooks and college textbooks. The two companies are teaming up to create a subsidiary for Barnes & Noble's ebook and college-textbook businesses, with Microsoft taking a 17.6 per cent stake. Microsoft also said the deal means that there will be a Nook application for Windows 8 tablets, set to be released this fall. The app is likely to get a favoured position on Windows 8 screens.

PAUL SAKUMA/THE ASSOCIATED PRESS

Yes!

Jillian Harris says "yes" to Mosaic Mirage!

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Apple tax strategy saves billions

A published report says Apple uses subsidiaries in Ireland, the Netherlands and other low-tax nations as part of a strategy that enables the technology giant to cut its global tax bill by billions of dollars every year.

The New York Times on Sunday outlined legal methods used by Cupertino, Calif.-based Apple to avoid paying billions of dollars in federal and state taxes.

One approach highlighted in the report: Even though the company is based in California, Apple has set up a small office in Reno, Nev., to collect and

invest its profits. The corporate tax rate in Nevada is zero. In California, it's 8.84 per cent.

While many major corporations try to reduce their tax bills, technology companies like Apple, Google Inc., Microsoft Corp. and others have more options to do so.

That's because some of their revenue comes from digital products or royalties on patents, which makes it easier for them to move profits to tax-friendly states or countries, the Times said.

In contrast, it's tougher to shift the collection of profits

from the sale of a physical product — like groceries or a car — to a tax-friendly haven.

The 71 technology companies in the S&P 500, including Apple, Google, Yahoo Inc. and Dell Inc., reported paying global cash taxes over the past two years at a rate that's, on average, one-third less than other S&P 500 companies, the Times said.

Apple has legally allocated about 70 per cent of its profits overseas, where tax rates are often much lower than in the U.S., according to company filings. THE ASSOCIATED PRESS

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SHE SAYS...
Jessica Napier
metronews.ca/shesays

together is an important rite of for all couples. And I'm not to the sitting-in-matching-chairs-while-you-sip-mojitos-all-inclusive-resort kind of "travelling"; I'm talking about real globe-trotting.

While traversing foreign continents can mean sharing some wonderfully romantic moments together, it can also (and somehow simultaneously) be a complete and utter nightmare. Seeing the world hand-in-hand is an eye-opening experience that can bring you closer together or tear you apart.

You really don't know if you're going to be good together forever until you've seen each other at your worst. This usually happens after 18 hours in transit or in a cockroach-infested hostel in Southeast Asia. So taking your relations on the road — whether by car, bus, train, plane or boat — can be an excellent compatibility test.

Being together for an extended period of time requires a whole new level of intimacy. Bad habits are

exposed and there's no hiding your true colours from one another. You will discover all of your sweetie's idiosyncrasies (over-packing, tardiness, disorganization, bad hygiene), and your patience will be tested to the very edge.

You'll quickly learn that there is such a thing as "too much time together." You will get on each other's nerves and there won't be any means of escape. A couple of years ago, I went on a three-week European vacation with my boyfriend. During that trip, I often found myself hiding out in the bathroom just so I could have some proper alone time.

The most important thing you should pack on any trip together — other than your passport — is a sense of humour. There will be times when you'll feel overwhelmingly hungry or sick, or tired. Things will go wrong — you'll miss a train, lose your Visa card, eat questionable seafood, break your camera — and you will have to keep going.

The most important thing for couples to remember is that you will fight; it is inevitable and unavoidable. Eventually, those "we'll laugh about this later" incidents will get to you and you'll reach your breaking point. You'll scream, cry and have a miserable sort of breakdown that makes you look like a complete crazy person.

Here's the thing: if you do all that and your partner STILL wants to sit next to you on the plane ride home, well, then you know it's meant to last.



Are you ready to take the relationship road test? **ISTOCK**

Buzz on bees not optimistic



PAT WELLENBACH/THE ASSOCIATED PRESS

Bee yourself

State of honeybees up in the air

A bee works on collecting nectar from a fruit tree in West Bath, Maine, Monday. A state bee expert says conditions are perfect for another honeybee die-off. A mild winter and unseasonably warm early spring have created conditions reminiscent of 2010, when an explosion in the mite populations killed off many colonies.

THE ASSOCIATED PRESS

On Canadian soil

Population has depleted recently

The health of the bee population in Canada has been a concern in recent years due to the infestation of mites. In the last seven years or so, the over-winter loss rate of hives has fluctuated between 20 and 30 per cent. Before that, it was generally five to a maximum of 15 per cent. There is also a worry the mites will become resistant to the products used to treat them. **THE CANADIAN PRESS**

So far, so good

- This year in Canada is so far, so good. Although it's still early in the season, anecdotal reports from beekeepers and provincial apiculturists across the country indicate this spring the survival rate for bees in Canada seems to be fairly good.

- It could be because beekeepers are addressing the mite problem better than they have in the past and it could be a function of the mild winter across much of the nation.

On the map

5th

Canada is the fifth-largest honey producer in the world, with about 7,000 beekeepers operating a total of 600,000 honeybee colonies, says Rod Scarlett, executive director of the Canadian Honey Council, based in Sherwood Park, Alta.

Metropolitan Panel

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Now that there are no Canadian teams left in the playoffs, you...

33% ARE DONE WATCHING

23% STILL TUNING IN. HOCKEY IS CANADA'S SPORT!

44% WEREN'T WATCHING TO BEGIN WITH

Twitter

@tomlindstrom73:

Now I've seen it all.. A driver cruising through #YYC texting on her iPad. #epicfail #shesgoingtokill-someone

#bipolarweather

@Scottyreece:

Thank you to the lady who bought me my coffee's at crowfoot Tim hortons #yyc #sweetheartedindividual #crowfoot

@MeganWolfinger:

#yyc I do not miss your traffic, construction or stupid drivers!!!

@NasDaher:

Wish the sun was out now #yyc has

• • • •

Rain all week? #yyc #crazyweather

Beauty and the Bond film

Despite being a serial womanizer, 007 is actually more particular about his women than his martinis. In order to share the screen and the sheets with the suave secret agent there are stiff prerequisites: 1) Possess a rocking body worthy of a triple-take 2) Pull off a name dripping with giggly double entendres. 3) Point two can be overlooked provided the answer to one is "complete knockout." We reminisce and catch up a little with five of James' ex gal-pals.

MIKE DOJC
life@metronews.ca

SCENE

Scene in brief

Racing to measure the heavens

On June 5 or 6, depending on the time zone, millions of people around the globe will watch Venus glide across the sun in a rare celestial event that won't happen again until 2117. The Transit of Venus was the key to unlocking the distance between Earth and the sun. British design historian Andrea Wulf has written an absorbing account of 18th-century astronomers' expeditions to track the Transits of Venus in 1761 and 1769. Check out *Chasing Venus: The Race to Measure the Heavens*.

THE ASSOCIATED PRESS

On the web



Judge in Montana dismisses lawsuit against Three Cups author Greg Mortenson



Famke Janssen

Age: 46
Bond girl name: Xenia Onatopp
Movie: *GoldenEye*

Onatopp first gets Pierce Brosnan's motor sputtering when he sees her burning rubber in a Ferrari 355 GTS. While the ex-KGB agent's predilection for street racing and baccarat intrigue Bond, when he finds out crushing men to death with her thighs whilst making love is also a hobby of hers he draws the line.

Post Bond: Her turn as Jean Grey in the X-Men flicks is what the Danish actress is now best known for. This fall she'll reprise her role as Liam Neeson's wife in *Taken 2*.



Carey Lowell

Age: 51
Bond girl name: Pam Bouvier
Movie: *License to Kill*

An ex-army pilot turned CIA informant, this statuesque looker can handle herself in hairy situations often outshining Timothy Dalton in the taking care of bad guys business. In the documentary *Bond Girls Are Forever* Lowell shared that Dalton provided detailed instructions on how she should lock lips with him.

Post Bond: Played assistant district attorney Jamie Ross on *Law & Order* and on the short lived spinoff *Trial By Jury*. She tied the knot with hubby Richard Gere in 2002.



Jane Seymour

Age: 61
Bond girl name: Solitaire
Movie: *Live and Let Die*

The smart and saucy British bombshell helped ease Roger Moore into his role as the dashing MI6 operative. Moore slyly ups the odds of getting with this sexy psychic by stacking her tarot deck with lovers cards. While Bond's caddish behaviour and games of deceit can sometimes paint women as naive, Solitaire herself was a card shark, getting James to draw the fool in their first encounter. So just maybe she played him just as much as he played her.

Post Bond: Starred in *Dr. Quinn Medicine Woman* in the 1990s and played the randy mom in *Wedding Crashers*.

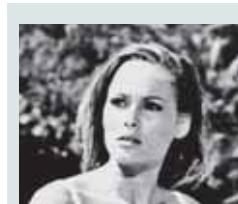


Diana Rigg

Age: 73
Bond girl name: Tracy di Vicenzo
Movie: *On Her Majesty's Secret Service*

Convincing a perpetual playboy to stick around for breakfast after a roll in the hay takes some doing, throw in an engagement ring and you know this must be love. Taming George Lazenby was a plot point made more believable to audiences as Rigg already dwarfed the one-movie Bond for spy-cred, having played Emma Peel on *The Avengers*. Being one of the first Bond girls with a name that didn't elicit schoolboy snickers also surely helped matters.

Post Bond: Won a Tony for playing the title character in *Medea* and hosted *Masterpiece Mystery* from 1989-2004.



Ursula Andress

Age: 76
Bond girl name: Honey Rider
Movie: *Dr. No*

They say you never forget your first love. Well your first extended movie ogle also belongs in the top drawer of the mental filing cabinet. Honey Ryder's white bikini clad entrance remains the fifty-year old franchise's most iconic scene. It's also a testament to the magic of movies as her Swiss-German accent was so thick her lines had to be dubbed. Andress' sexy sea to shore saunter was later paid homage to by Halle Berry in *Die Another Day* and Daniel Craig in *Casino Royale*.

Post Bond: Played Aphrodite in *Clash of the Titans*.

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From Cambodia with love

blockbuster represented a departure from her comfort zone.

The 32-year-old was helped in her role as the mysterious Severine by studying Famke Janssen's dominatrix Xenia Onatopp in *GoldenEye*. "It's so original to have a character who kills and has an orgasm at the same time, that's what we go to movies for."

In the end, a sense of responsibility pacified Marlohe. Of Cambodian descent, she saw the global platform offered by the role as a chance to represent her country, still scarred by recent genocide and continued oppression. "I see it as power to be a voice for my country, to speak for those who don't have that chance. I will use the celebrity for human rights."

Exclusively online

- **Timeline.** We introduce you to James Bond's newest nemesis in tomorrow's edition of Metro. Go online to metronews.ca/features for our complete look at 50 years of Bond movies.



Adrien Brody goes back to school

Detachment. Academy Award winning actor tries to inspire youth in his latest role as a public school teacher

NED EHRBAR
Metro World News in Hollywood

Oscar-winner Adrien Brody has been particularly choosy when it comes to roles lately, popping up in very few movies in recent years — in fact, in 2011, he didn't do much besides his cameo as Salvador Dali in *Midnight in Paris*. That level of pickiness makes him a good match for the equally choosy writer-director Tony Kaye, whose *Detachment* — in which Brody stars — is only his third feature film, after *American History X* and *Black Water Transit*. The son of a teacher, Brody felt a special connection to the project, in which he plays an emotionally arrested long-term substitute teacher fa-

cing a gruelling assignment at a public high school.

What initially drew you to the project, to working with Tony?

Well, I look to find material that has some social relevance, that has something greater than being merely entertaining, and this film touches on such important matters that affect all of us and our future, and the importance educating young people and giving them a sense of guidance that I feel so many young people are missing. And I also know how valuable that is, just knowing my parents have provided the right influence on me. I surely would've turned out very differently without that. I also went to public school, and I know that it's filled with challenges for both the teachers and the administrators and the students. I think it's just a complex, relevant story, and I wanted to be a part of it.

It does seem an important

story to tell, the perspective of the teachers.

The film also to me is a reminder that you can't have that expectation of your teachers to just make everything right, and that it has to begin in the home. The education and the guidance and the sense of a greater understanding of the world around us has to come from home.

Tony Kaye presents the film in a fairly arty, unconventional way. Did it feel that way shooting it?

Well, Tony has a spontaneity and an unconventional approach to a lot of things that I find very exciting to be a part of. We are making a film and there are certain rules and restrictions — you need adequate lighting and you need film and you need a scenario and you need actors to relate to one another, but Tony is very receptive to the energy. He knew where to be and when. He would heighten certain moments, and I find that really interesting — especially with regard



Adrien Brody is an emotionally arrested substitute teacher in *Detachment*. HANDOUT

to my character. I've seen the film several times and I played the role, but it's still so unpredictable to me. You don't really know if he's bad or if he's something incredibly good. And I love that. I think too often protagonists turn out to be predictable. And you know, Tony achieved that by really pushing the envelope and pushing me to go to extremes.

Did you have any teachers in your own life that had an impact on you?

Well sure. A lot of young kids don't have a tremendous amount of patience, and some teachers really have a knack for getting your attention and keeping it. But unfortunately many don't. I have a few that were real gems, and the greatest of them all would be my father. Even though

he wasn't my teacher in a school, my father was the one who really instilled the most in me. I know that his students loved him. He has a profound patience and generous nature and thoughtfulness. At a very young age he really made me understand accountability and taught me a great deal about history and the world around me, so I'm grateful for that.

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Were M.J. and Whitney an item?



Michael Jackson's former bodyguard claims the late King of Pop had an affair with Whitney Houston in 1991 — and even wanted to marry the late singer.

"Whitney practically moved into Michael's ranch and they had a fling like any other young couple," Matt Fiddes tells the Sun. "Michael said later he had always hoped the relationship had

gone further, and I know he dreamed of marrying her."

Fiddes says the pair had one more run-in at a 2001 tribute concert for Jackson. "They were both a mess, to be honest," Fiddes says of the reunion.

"They shared what would be their final hugs and Michael begged Whitney to get off the drugs that were destroying her life."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



THE WORD

Dorothy Robinson
scene@metronews.ca

Keeping up with E! reality TV

Could it be that a Kardashian is actually putting her family's happiness over her reality TV ambitions? The answer is: maybe! But don't tell her publicist that!

According to a source at Us Weekly, "Khloe has pulled the plug," on her E! spin-off series Khloe and Lamar. The reason, according to TMZ.com, is that Lamar Odom wants to focus on reviving his faltering NBA career.

Back from Dallas, where Odom was released from the Mavericks last month, the couple "have decided he should train all off-season," the insider tells Us Weekly. "And she's exhausted from filming!"

However, Kardashian's publicist tells Entertainment Weekly: "The show has not been cancelled. It will depend on their schedules as Lamar's basketball schedule is a priority."

If the series doesn't return for a third season, at least there's another reality TV show about the trials and tribulations of young married



life hitting the network. Married to Jonas, starring Kevin Jonas and his wife, Danielle, will follow the couple as they navigate their daily lives at their New Jersey home while juggling his recording and touring schedule and various sets of in-laws.

Here's an idea, E!: Have Khloe and Lamar move next door to the Jonas, get Lamar on the (now Brooklyn) Nets with Kim Kardashian's ex Kris Humphries, and create the most beautiful reality TV mash-up in the world. You can thank (and pay) me later.



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Twitter



@lindsaylohan

A nightclub patron accused Lindsay Lohan of throwing a drink in her face? Can't be true! Lindsay would never let any booze go to waste.



@lindsaylohan

didn't miss my flight, was always taking a red eye because i was working during the original flight



@SimonCowell

Hate to admit that @piersmorgan is a brilliant interviewer



@AlbertBrooks

Two Avengers just came up to my kids on the street and took \$50. This movie is going to make a fortune.



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Patrick Dempsey ALL PHOTOS GETTY IMAGES

McDreamy to the McRescue

Grey's Anatomy star Patrick Dempsey played a real-life hero when a teenager's car flipped over onto the yard of his Malibu home, according to People magazine. Dempsey used a crowbar and fire extinguisher to pull the 17-year-old driver, Weston Maset, to safety. "I was scared for my life. I was upside down," Maset

says. "He was there for me. It would have been a lot worse without him." The teen admits he was a bit caught off-guard when he was pulled from the car and saw Dempsey standing over him. Maset remembers asking, "Are you famous?" to which Dempsey reportedly replied, "Yeah, I'm a doctor."



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Top infertility treatments



IUI
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Insemination)

This is the act of placing sperm into a woman's uterus during ovulation. Lower tech, less intrusive methods such as IUI are becoming increasingly popular but their success rate depends entirely on the initial cause of the infertility.



Clomid

This widely prescribed and inexpensive pill helps women get their ovulation in sync. It is one of the most successful fertility drugs.



Adoption

Adoption can be costly and challenging in many ways and its success is hugely dependent on external factors like wait times.



Some experts are trying to make it more socially acceptable to talk about infertility. HANDOUT

Open up on infertility

It's time to talk.
Experts are trying to get people discussing the issue of not being able to have children

**ROMINA
MCGUINNESS**
Metro World News

A house. A car. A career. A spouse and 2.5 kids. Should you choose to live conventionally, you probably spend your days in pursuit of all of the above. Most are within your control. If you want a car, you save and buy one. If you want a spouse, you have a drink, and then meet friends of friends. But the 2.5 kids — what happens if your body can't produce a child?

Infertility is something you don't hear a lot about, among people in their 20s, but experts are aiming to get more people accepting of the

issue.

Barbara Collura, Executive Director of RESOLVE: The U.S. National Infertility Association, says there's a stigma and shame attached to infertility that's prevented it from being discussed properly.

"Anyone in the AIDS world will tell you how 25 years ago people thought it was contagious — now, everyone speaks about it," she says. "But with infertility, we haven't gotten to the point where people are ready to open up." Until society normalizes infertility, don't expect to see people running marathons shouting "woo hoo! I'm infertile!"

So why is infertility such a sensitive subject? One reason is because it revolves around sex.

"The moment someone finds out they can't reproduce, they feel let down by their body. The way they see it is that it's not performing the way it 'should' be," ex-

plains Collura, who also believes that getting people talking about their reproductive system the way they do about sex is the only way to increase public awareness.

Giuliana Rancic, the 37-year-old E! News presenter and reality star, is one of the rare celebrities to have opened up about her battle with infertility. Rancic and husband Bill's journey into parenthood and attempt at IVF (in vitro fertilization) was aired on their reality TV show Giuliana and Bill and watched by millions of people world-

wide.

The show took a dramatic twist when Rancic was diagnosed with breast cancer, further jeopardizing her chances of becoming a mother.

"For some of the women in their twenties and thirties watching Rancic's show, it was the first they had ever heard about infertility—and the only place they had heard about it," says Collura. "This is not where we want people to be getting this sort of information, but at least they're getting something."

So where else should those afflicted go for information? Facebook, Twitter, blogs like The Infertility Voice, whose founder wrote the column on this page. Social media often allows you to be anonymous.

"You could be in the place where you are willing to share your story but not your name," says Collura.

Either way, it's the conversation that's important.

3 LIFE

Rubik's Cube

40 years of frustration

It's a puzzle, a metaphor and a hit toy — and in a couple of years, the Rubik's Cube will be a museum exhibition in celebration of its 40th anniversary. The toy's creator, Erno Rubik, 67, was being honoured at a gala at the Liberty Science Center in Jersey City. He has travelled from his native Budapest, to help develop the exhibit, which will open in April 2014. The exhibit is scheduled to travel for seven years to design science museums around the world. Rubik was an architect teaching a class at the Budapest College of Applied Arts in 1974 when he decided to build a cube to teach students about 3D space. He soon realized it could become a hit toy when students and fellow teachers couldn't put it down.

THE ASSOCIATED PRESS

On the web



Analytical thinkers are less religious than people who go with their gut

How to ... deal with facing your infertility

There are lots of ways to deal with the stress associated with infertility. Here are just a few:

If you're feeling sad

The endless waiting and hoping has left you feeling irritable, lethargic and extremely sad. Write down a list of all the good things you do have in your life. This will help you visualize your strengths and forget your weaknesses.

If you're feeling angry



The fact you can't get pregnant makes you feel helpless and vulnerable. Don't let this anger consume you. Aerobic exercise such as running or swim-

ming can help relieve some of the accumulated tension. Relaxation techniques such as yoga can also help you clear your mind.

If you're feeling guilty

If repeated attempts at pregnancy have been unsuccessful, you may start to believe that what's happening to you is your fault.

It's hard to accept that your body is out of your control. Acceptance is the only way to realize you're not a failure and that you can't go on blaming yourself for something you didn't do.

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The truth about sponges

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

In each issue of Best Health magazine we look into whether product claims are valid, from beauty products to household cleaners. In the May issue, with spring

cleaning in mind, we took a look at sponges. Some are labelled antimicrobial or antibacterial. Does that mean they kill germs? We asked Dr. Donald Low, chief microbiologist at Mount Sinai Hospital in Toronto and spokesperson for the Healthy and Hygiene Council of Canada.

"We don't know how effective the antimicrobials in these sponges may be," says Low. "Some bacteria are resistant even to the most

powerful drugs. The sponge may not stop the growth of illness-causing bacteria like salmonella. Indeed, when you read these products' labels, they don't claim to do that. They do claim to stop the growth of odour-causing bacteria."

Any damp sponge is the perfect environment for bacteria to multiply. In just 20 minutes, bacteria such as salmonella can multiply to an amount that can make you sick. The best way to

kill bacteria in sponges is to clean and dry them between uses.

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Thoughts on...

Savouring the ordinary moments

Savouring the moment is easy.

The difficult part is remembering to actually do it.

Life can't be savoured "in passing."

You must fully engage in it.

Allow yourself the chance to really savour each moment.

The more you do this, the more you'll experience the joy of being fully, wonderfully alive.

Quote

Allow yourself the chance to really savour each moment.

Start now.

If you wait for a great moment to arrive before you begin — you've waited too long. In order to fully savor the spectacular events of life, you must enjoy the ordinary events first.

Noticing, focusing on, and savoring the ordinary moments will make life fuller, richer, and delicious.

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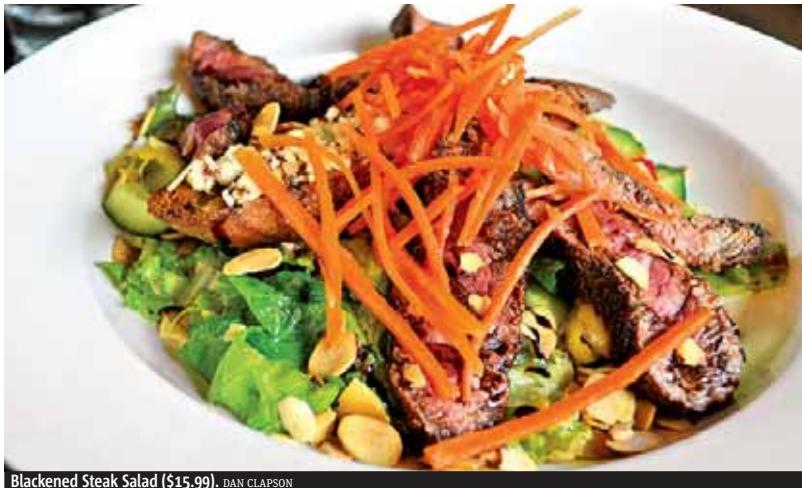
Here is a great opportunity to learn Pranic Healing on 10th and 11th of March'2012 at Bodhi Well-Being & Healing Center from 9:00 AM to 5:00 PM. This is an experiential workshop, where you will learn to feel and scan chakras and auras. You will be able to do cleansing and balancing on aura and chakras. You will also learn to do healing for all different problems in your life, self healing and distant healing and lot more...

Pranic healing is an ancient science and art of healing introduced to world by Grand Master Choa Kok Sui. Pranic healing is highly advanced and potent, no touch, no drug healing modality! Prana' is a Sanskrit word, means life force, is a key for happy, healthy, and prosperous life.

Pranic healing can be used for healing as well as preventing physical, mental, emotional, and psychological problems. This helps to heal finances and relationship problems as well. This can be applied anywhere and everywhere in your daily life, for human beings, plants, animals, offices, businesses, home etc. Pranic healing also supports and helps you to grow safely and rapidly in your spiritual journey.

For more details and upcoming Pranic Healing Seminar, please contact Dr. Jyoti Dekate at 403-918-6225
www.bodhiwellbeing.com

Brewsters: A chain restaurant that offers pleasant surprises



Blackened Steak Salad (\$15.99). DAN CLAPSON



LUNCH
RUSH

Dan Clapson

life@metronews.ca

Generally, I have a bit of an aversion to chain establishments. That being said, most times that I head to

Brewsters, I am pleasantly surprised.

One thing I especially love about this restaurant group is that it brews its own beer. I'm a sucker for a good microbrew.

As is typical with most chains, the menu offers an array of options from bur-

gers to pizzas to sandwiches, etc. I was in the mood for something lighter this week, so I decided to try the Blackened Steak Salad (\$15.99).

A sliced seven ounce flat iron steak with an intense marinade sits on top of a generous portion of fresh

greens and vegetables, including some chopped banana peppers (somewhat of an odd addition) but it all worked.

The crumbled goat's cheese on top helped mellow out the spiciness of the steak.

It was good. I'll be back!

Visiting the restaurant

Brewsters Brewing Company

Address. 834 11 Ave. S.W.

Phone. 403-265-2739

Website. brewsters.ca

Rating. 3.5/5

Price range. \$6.99 - \$16.99

Reservations. Yes

Social lunch. Yes

Quick solo lunch. Yes

Client negotiations. Yes

Cinnamon & Sugar Fries. Enjoy this yummy snack made with pie pastry



1. Let frozen pie shell thaw at room temperature 15 mins.

2. In bowl, combine cinnamon and sugar; set aside.

3. Remove pie shell from foil pie plate onto clean, flat, floured surface. If cracks appear in pastry, press together and repair using fingers moistened with water. Cut out strips, about 1 by 7.5 cm (1/2 by 3 inches), using fluted pastry cutter, and place on a parchment-lined baking sheet.

4. Brush pastry with butter and sprinkle with cinna-

mon mixture. Bake in 200 C (400 F) oven for 12 mins or until pastry is golden.

THE CANADIAN PRESS/TENDERFLAKE
ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOKS.CA)

Ingredients

- 1 frozen deep-dish pie shell
- 5 ml (1 tsp) ground cinnamon
- 10 ml (2 tsp) granulated sugar
- 10 ml (2 tsp) butter, melted

Tips to ensure a 'child-free' wedding



Keeping your wedding an adults-only event can make the invitation process a little tricky. iSTOCK



CHARLES
THE BUTLER
askcharlesthebutler
@metronews.ca
For more, visit
charlesmacpherson.com

Hello Charles the Butler! I'm really hoping you can help. My niece & her fiancé are trying to figure out how to create their wedding invitations, making the "no children" very clear. I was thinking that if the invitation is addressed to only "John and Jane" with the reply card also only having their names on it, that might suffice. They are worried that some in the family

will still not get it. Do they write "adults only please" right on the invitation? We appreciate any advice that you can provide.

Thank you,
Sydney

Hello Sydney,
I just dealt with this question for my dear friend Julie who is getting married in July.

1. You are correct in that the envelope should only be addressed with the names of who is invited to the event.

2. The reply card should be left blank for people to write the names in them-

selves. Why? Because this will help as most people thinking of bringing their children would likely write their names too, so that they are included for dinner, and this method will allow you to catch this early.

3. Finally make sure all family members like parents, brothers, sisters, wedding party, etc., know you want an adult-only party and so they can bring this up in conversation with those who have children. They can say, "So have you organized your child care for the wedding yet?" or "I bet you're looking forward to a nice adult

evening at John and Jane's wedding!"

I believe this is the best approach.

Now what to do if someone shows up with children in tow despite all of the above?

As grumpy and disappointed as you have every right to be, remember that these are your guests — just be gracious and get through the event. Starting a fight or mentioning how this is "adults only" will inflame the situation and cause a scene, which is the last thing you want!

Good Luck to the couple.

Service Directory

To advertise contact Blaine Schlechter at 403-444-0136

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Afraid of higher interest rates? See it as an opportunity to tackle your debt

Strategy. If you're dealing with debt, here's how to prepare yourself for the Bank of Canada's looming interest rate hikes



YOUR
MONEY
Alison Griffiths
money@metronews.ca

What every consumer has been waiting for — and either dreading or celebrating — has finally happened. Mark Carney, Governor of the Bank of Canada, has flung open the door on interest rate hikes.

A rate increase, on its own, would also strengthen the loonie. Just witness what happened last week when Carney simply ruminated on higher interest rates — the loonie promptly shot up a cent.

And that's not desirable for most Canadian businesses, especially manufacturers.

However, Carney is clearly thinking about some kind of intervention such as

quantitative easing (a.k.a. printing money) to devalue the dollar, allowing him to boost rates and cool the ferocious record borrowing of Canadians.

Since we might face a raise in rates as early as the fall and almost certainly by the end of the year, everyone with debt should embark on a protective strategy.

Live the increase

Among the most vulnerable to the interest rate hikes are those with large personal or home equity lines of credit. Those rates will rise in tandem with the prime rate.

Use an online calculator and add half to three-quarters of a per cent to your LOC rate. Then pay the higher monthly amount.

If rates don't rise you're ahead. If they do you are prepared. And if you can't make the extra payment you need to re-visit your budget and find something to cut.

Boost e-savings

In a higher interest rate environment, the last thing you want to face is an unexpected expense and be forced to pay it with a credit card.

Emergency savings are

Are you prepared?

- Thirty-three per cent of Canadians have one to three months of living expenses saved for emergencies, according to a 2012 TD Canada Trust survey.

critical, especially for families. Even setting aside an extra \$50 each month will help.

Delay spending

Whether it's a new smartphone, e-reader, car or wardrobe you hanker for, put off all unnecessary expenses — especially if you have non-mortgage debt hanging around.

It's easy to cloak our wants as needs, so delay spending on those non-essential items.

Consider your mortgage

Rising rates send many homeowners scurrying to switch from variable to fixed.

But there's no hurry. Rates have to jump by the difference between variable and fixed before you are actually paying more.



Among those most vulnerable to interest rate hikes are those with large lines of credit. ISTOCK IMAGES

Make the most of your mortgage



Switching mortgage lenders only makes financial sense when a borrower can save money. ISTOCK IMAGES

Give me a break on my mortgage break fee!



FUN AND FRUGAL
Leslie Scorgie
money@metronews.ca
@Lesliescorgie on Twitter

I recently sold my house and have decided to get a new mortgage through a mortgage broker rather than my bank.

So, I met with my bank last week to discuss the transaction and learned that the cost to break my existing mortgage is nearly \$5,000!

Hogwash! For \$5,000 I could take a three-week European vacation or contribute the annual maximum amount to my tax-free savings account.

Mortgage prepayment charges are the costs to "break" your existing fixed-rate mortgage contract.

They exist because the lender has to borrow the funds needed for the mortgage from the market. When a borrower "breaks" a mort-

Should you switch?

Take emotion out of the equation and let math dictate the decision.

gage, the lender is charged a "breakage cost," which is passed along to the borrower to offset the cost that the lender is charged.

Prepayment charges are typically calculated based on the greater of three months interest penalty or interest for the remainder of the term on the amount prepaid calculated using the interest rate differential.

The interest rate differential is the difference in the interest payable on your existing mortgage versus that payable on a replacement mortgage, calculated on the time remaining in your existing mortgage term.

To determine whether it's worth switching lenders, I've followed these steps:

- 1) Take emotion out of the equation and let math dictate the decision.

- 2) Evaluate whether the

new lender has a more attractive interest rate, term and flexible repayment schedule (such as accelerated payments, double-up payments or annual lump sum contributions up to 10 per cent).

- 3) Using a free online banking mortgage calculator (available at any major bank or mortgage website), calculate the break-even rate needed to make it worth switching.

- 4) Confirm with the existing lender, by phone or in person, the exact fee. Present this information to the new lender and begin negotiating for either the fee to be lowered or to have the new lender pick up part of the tab.

Switching mortgage lenders only makes financial sense when a borrower can save money.

In my case, I'll save thousands of dollars (over the lifetime of the new mortgage) by making the switch, but I still have more negotiating to do before I can pull the pin on my existing mortgage.

NHL

Ovechkin great late as Caps even up series in N.Y.

Alex Ovechkin silenced the Madison Square Garden crowd that has been taunting him for two games.

If he can fire up the fans back at home, too, the Washington Capitals could be in store for a deep playoff run.

Ovechkin scored a power-play goal with 7:27 remaining to snap a tie and gave the Capitals a 3-2 victory over the New York Rangers that squared the Eastern Conference semi-final series 1-1 on Monday night.

Just under 6 minutes after Ryan Callahan got the Rangers even with a power-play goal, Ovechkin put the Capitals ahead for good.

Whether Ovechkin heard the derisive chants that greeted him every time there were 8 minutes left — matching his uniform number — in each period or not, they certainly didn't knock him off his game.

Despite diminished minutes in the playoffs, Ovechkin is still every bit as dangerous during crunch time.

"He has been real fresh for the power play," said Capitals coach Dale Hunter. **THE ASSOCIATED PRESS**



Washington's Alexander Ovechkin falls in front of Ryan Callahan on Monday in New York.
FRANK FRANKLIN II/THE ASSOCIATED PRESS



Anze Kopitar scores a goal against Brian Elliott Monday in St. Louis, Mo. DILIP VISHWANAT/GETTY IMAGES

Kings blitz Blues to claim 2-0 series lead

NHL. Four-goal first period helps L.A. to fifth straight road win

Anze Kopitar scored twice in a four-goal, first-period blitz as the Los Angeles Kings embarrassed the Blues from the opening faceoff, whipping St. Louis 5-2 Monday night for their fifth straight road win this post-season.

Mike Richards and Jeff Carter had a goal apiece and Dustin Penner and Dustin Brown each had a pair of assists in a period that was one goal shy of the franchise playoff record of five in 1993 against Vancouver.

Brown assisted on Kopitar's short-handed goal and has a hand in all four of the Kings'

short-handed goals in the playoffs, two goals and two assists.

Andy McDonald scored 18 seconds into the second for St. Louis but Justin Williams squashed thoughts of a comeback when he scored on the Kings' first shot of the period, then they sat on that cushion, taking five shots the last two periods.

Matt D'Agostini scored in the third for St. Louis, which was 0 for 9 on the power play.

Kopitar has three goals and three assists in the playoffs, and has scored in five straight playoff games after leading the Kings in scoring for the fifth straight season with 25 goals and 76 points. Brown added a third assist in the second period and has a team-leading nine points in the post-season.

The Blues are 1-16 in fran-

Game 2

5

Kings

2

Blues

Road warriors

- The Kings have won seven straight on the road in the playoffs, counting a pair against San Jose last spring and are in an enviable spot taking the series back to Los Angeles, with Game 3 Thursday night.

- They opened the first round with a pair of victories at Vancouver, taking out the President's Trophy winners in five games. Before that, they held just one 2-0 series lead, back in 1968, when they lost in seven in the first round to Minnesota.

Elliott usually on his own.
THE ASSOCIATED PRESS



NBA playoffs

"I don't think I've ever been part of a game like that ... but it's just one game."

Los Angeles forward Blake Griffin on Monday after his Clippers finished Game 1 of their first-round playoff series in Memphis on Sunday night with a 28-3 run to top the Grizzlies 99-98. Memphis had a 24-point advantage with 9:13 left in the fourth quarter before the Clippers comeback began.

"They got more aggressive defensively, and we took some bad shots and we made some turnovers."

Grizzlies coach Lionel Hollins.

On the web



After a first-round flame-out last season, San Antonio point guard Tony Parker told journalists in his native France in the summer that the Spurs' aging dynasty appeared to be coming to an end. Now with Parker taking over the offensive catalyst role from Tim Duncan, there is renewed hope in San Antonio. Scan the code for the story.

From NFL disappointment to CFL hope

Bo Adebayo has a new lease on his football life.

When the six-foot-three, 265-pound defensive end began his senior season at Western Kentucky last fall, it was with the knowledge he might be playing football for the last time. Although eligible for the 2012 NFL draft, Adebayo figured if he didn't make it he'd have to hang up his cleats.

But after being bypassed in last week's NFL draft, Adebayo is now setting his sights on the CFL, thanks to his roots.

The 24-year-old was born in Edmonton and spent eight years in Alberta before mov-

Quoted

"I feel like I still have so much more I can do and show on the field."

Defensive end Bo Adebayo

ing to the U.S., and growing up in Georgia. Adebayo's top goal was to reach the NFL and returning to Canada to play football wasn't on his radar.

But when he learned the CFL was an option, Adebayo successfully applied for non-import status in the 2012 draft, which will be held Thursday.

Riders in 'driver's seat' heading into draft

Saskatchewan Huskies guard Ben Heenan remains the consensus No. 1 pick and Saskatchewan Roughriders GM Brendan Taman said Monday he has spoken to other CFL GMs about the top selection.

- But Taman said he hasn't received an offer that matches

his asking price of a 2012 first-round pick, a future selection and/or a Canadian player.

- "We're the ones in the driver's seat here so we'll control what we control and right now we control the No. 1 pick," Taman said.

Adebayo said via telephone from Bowling Green, Ky., on Monday. "My coaches used to talk to me about it in practice

and that's when I started thinking I should look into that as maybe a backup plan, but now it's going to be the main plan."

Adebayo's mother was attending nursing school in Edmonton when he was born while his father worked as a university professor. He's the youngest of four boys but the only to be born in Canada.

And he can't wait to return.

"I've been looking forward (to the CFL draft) for a very long time and having the opportunity to return to Canada and play football," he said. "It's just a great opportunity."

THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Tampa Bay	15	8	.652	—
Baltimore	14	9	.609	1
New York	13	9	.591	1½
Toronto	12	11	.522	3
Boston	11	11	.500	3½

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	11	9	.550	—
Chicago	11	11	.500	1
Detroit	11	11	.500	1
Kansas City	6	15	.286	5½
Minnesota	6	15	.286	5½

WEST DIVISION

	W	L	Pct	GB
Texas	17	6	.739	—
Oakland	11	13	.458	6½
Seattle	11	13	.458	6½
Los Angeles	7	15	.318	9½

Last night's results

N.Y. Yankees 2, Baltimore 1
Kansas City at Detroit, pfd., rain
Texas 4, Toronto 1
Boston 11, Oakland 6
Tampa Bay 3, Seattle 2, 12 innings
Minnesota 6, L.A. Angels
Sunday's results
N.Y. Yankees 6, Detroit 2
Cleveland 4, L.A. Angels 0
Toronto 7, Seattle 2
Baltimore 5, Oakland 2
Chicago White Sox 4, Boston 1
Minnesota 7, Kansas City 4
Tampa Bay 5, Texas 2
Tonight's games
Baltimore (Matusz 0-3) at N.Y. Yankees
(P.Hughes 1-3), 7:05 p.m.
Kansas City (J.Sanchez 1-2) at Detroit (Porcello 1-2), 7:05 p.m.
Texas (Feltz 1-1) at Toronto (Hutchison 1-0), 7:07 p.m.
Oakland (Parker 0-0) at Boston (Doubront 1-0), 7:10 p.m.
Seattle (Nees 1-2) at Tampa Bay (M.Moore 0-1), 7:10 p.m.
Cleveland (Jimenez 2-1) at Chicago White Sox (Sale 2-1), 8:10 p.m.
Minnesota (Liriano 0-3) at L.A. Angels
(Williams 0-1), 10:05 p.m.

RANGERS 4, BLUE JAYS 1

Texas	ab	r	h	bi	Toronto	ab	r	h	bi
Kinler, 2b	3	1	1	0	YEScor, ss	4	0	0	0
Andrus, ss	5	0	2	1	KHabsn, 2b	4	0	0	0
MYong, 3b	4	0	1	0	Bautist, rf	4	0	0	0
Beltre, dh	5	1	3	0	Lind, 1b	3	0	0	0
BSnydr, pr-dh	0	0	0	0	Ernrc, dh	3	1	2	1
DvMrp, If	4	0	0	0	Thams, If	4	0	1	0
N.Cruz, rf	4	0	1	1	Laurie, 3b	2	0	0	0
Napoli, c	4	0	0	0	Rams, cf	3	0	1	0
MorInd, 1b	3	1	1	1	Arnedc, 3	3	0	0	0
Gentry, cf	4	1	1	1					
Totals	36	4	10	4	Totals	30	1	4	1
Texas	011	000	200	4					
Toronto	000	100	000	1					

E.-K.Johnson (3), DP—Texas 1, Toronto 1.

LOB—Texas 10, Toronto 5. 2B—Andrus (4),

Beltre 2 (6), N.Cruz (6). HR—Moreland (3),

Gentry (1), Encarnacion (8). CS—Kinsler (3),

IP

H

ER

BB

SO

Toronto

Darvish, W-4-0

Adams, H-6

Nathan, S-6-7

Toronto

Drabek, L-2-2

E.Crawford

Fasor

L.Perez

E.Crawford pitched to 2 batters in the 7th.

T-2:59. A-21,945 (49,260).

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	14	8	.636	—
Atlanta	14	9	.609	½
New York	13	9	.591	1½
Philadelphia	11	12	.478	3½
Miami	8	14	.364	6

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	14	7	.636	—
Cincinnati	11	11	.500	3
Milwaukee	10	12	.455	4
Pittsburgh	10	12	.455	4
Houston	9	14	.391	5½
Chicago	8	15	.348	6½

WEST DIVISION

	W	L	Pct	GB
Los Angeles	16	7	.696	—
San Francisco	12	10	.545	3½
Arizona	12	11	.522	4
Colorado	11	11	.500	4
San Diego	7	16	.304	9½

WESTERN CONFERENCE

STANLEY CUP PLAYOFFS
All Times Eastern
CONFERENCE QUARTER-FINALS
(Best-of-7)
EASTERN CONFERENCE
N.Y. Rangers (1) vs. Washington (7)
(Series tied 1-1)
Last night's result
Washington 3 N.Y. Rangers 2
Tomorrow's game
N.Y. Rangers at Washington, 7:30 p.m.
Saturday's game
N.Y. Rangers at Washington, 12:30 p.m.
Monday, May 7
Washington at N.Y. Rangers, 7:30 p.m.
Wednesday, May 9
N.Y. Rangers at Washington, TBA
Sunday, May 12
N.Y. Rangers at Washington, TBA
WESTERN CONFERENCE
St. Louis (2) vs. Los Angeles (8)
(Los Angeles leads series 2-0)
Last night's result
Los Angeles 5 St. Louis 2
Thursday's game
St. Louis at Los Angeles, 10 p.m.
Sunday, May 6
St. Louis at Los Angeles, 7:30 p.m.
WESTERN CONFERENCE
St. Louis (2) vs. Los Angeles (8)
(Los Angeles leads series 2-0)
Last night's result
Los Angeles 5 St. Louis 2
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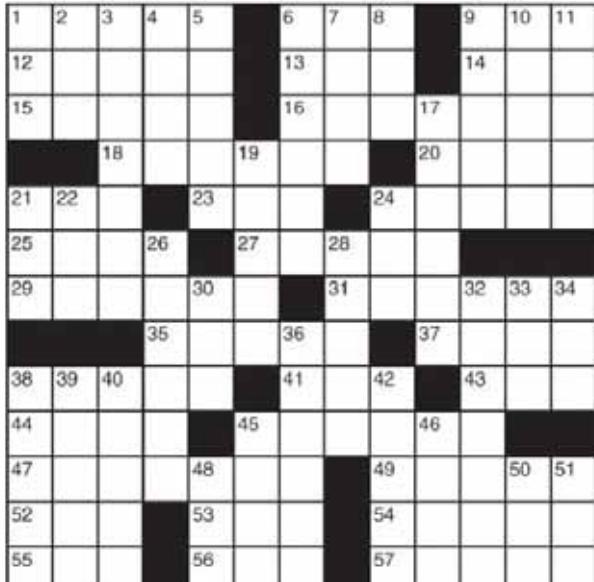
Crossword

Across

1 Incubator noises
6 Diner lunch order
9 Links stat
12 Characteristic
13 Actor Stephen
14 Feast-famine link
15 Match
16 Beforehand
18 Man with all the answers?
20 Initial stake
21 La-la lead-in
23 Columnist Smith
24 Michaelmas daisy
25 "— Fiction"
27 Dweebs
29 Exasperating
31 Farewells
35 Swag-bag item
37 Facility
38 Different
41 Common Mkt.
43 Uncultured
44 "Arrivederci"
45 Jackson or Johnson
47 Frank
49 In reserve
52 Schedule abbr.
53 Ms. Farrow
54 Cart
55 Aye canceler
56 Frivolous one of song

57 Craves (for)

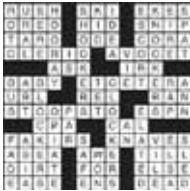
Down
1 Sch. org.
2 Work unit
3 Mundane
4 See 5-Down
5 With 4-Down, Atlantic
City attraction
6 Light wind
7 Secrecy thwarted
8 Pitch
9 Purpose
10 Mountain crest
11 Harder to find
17 TV pooh
19 Game of chance
21 Choose
22 "— Town"
24 Toss in
26 Dupe
28 Shone in beams
30 Postal creed word
32 Some insects
33 NAFTA signatory
34 Ply a needle
36 Re canines, etc.
38 "Caribbean Queen"
singer Billy
39 Coronet
40 Magician Houdini
42 Go on all fours
45 Largest of the seven



46 Birthright barterer
48 North Sea feeder
50 Speck

51 Navy rank (Abbr.)

Yesterday's Crossword



Cryptoquip

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

V K N R D F X K R N O T P I Y G
B N J J E Y J Z I V K Y N P T
I D Y Y R K F G X H Y V G O F T B T I

Y E B Y P G ? Z T P G T J I N G H T P I
Yesterday's Cryptoquip: IF A CERTAIN WIND
INSTRUMENT WERE DECLARED OFF-LIMITS,
WOULD IT BE FORBIDDEN FLUTE?

Today's Cryptoquip Clue: V equals W

How to play

For today's crossword answers and for

expanded horoscopes, go to metronews.ca

Horoscope

Aries | March 21 - April 20.

You have something worth saying, something the world needs to hear, and it would be a crime to stay silent.

Taurus | April 21 - May 21.

You need to be able to adapt when your plans don't turn out the way you expected.

Gemini | May 22 - June 20.

Your mind is super sharp right now and you will find it easy enough to outsmart your rivals.

Cancer | June 21 - July

22. Someone close will be rather emotional today. Make it your task to calm them down and help them see the situation in a more logical light.

Leo | July 23 - Aug. 22. You

don't have to change your views and opinions just because everyone else seems to believe something.

Virgo | Aug. 23 - Sept. 22.

You will come up with an excellent idea today, the kind of idea that can make you a lot of money.

Libra | Sept. 23 - Oct. 22. If

there is something you need to say that probably won't be welcomed by family and friends you must say it immediately.

Scorpio | Oct. 23 - Nov. 21. A

friend or relative will offer you some advice today and if you are wise you will give what they say some serious thought.

Sagittarius | Nov. 22 - Dec.

21. Something that happens in the wider world will affect you personally today.

Capricorn | Dec. 22 - Jan. 20.

News from afar will cheer you up immensely today.

Aquarius | Jan. 21 - Feb. 18.

You will have a brilliant idea over the next 24 hours, but is it the sort of idea the world is ready for?

Pisces | Feb. 19 - March 20.

So you got something wrong — so what? There may be plenty of room for improvement in your life but no way does that mean you are a failure. It means you've got space to grow to even greater heights.

SALLY BROMPTON

Weather

TUESDAY

WEDNESDAY

THURSDAY



MAX: 10°
MIN: 4°



MAX: 3°
MIN: 1°



MAX: 11°
MIN: 2°



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WEATHER SPECIALIST

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WEEKDAYS 5:30 AM



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You write it!

Caption Contest

Is that what I look like?

Jen

KERSTIN JOENSSON/THE ASSOCIATED PRESS

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SKIRT (A \$130 VALUE)

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BRAKE INSPECTION, FLUID TOP UP, A 25-POINT
INSPECTION FROM MOBIL 1 LUBE EXPRESS
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AND UTILITY GLOVES (A \$52 VALUE)



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OPTION 4: \$21 FOR A SWING GRIP TRAINER



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